

Rotation Schedule

Session 1: Traditional Format, Session 2: Modified Captital Cup

Sunday, March 02, 2008

Session: 1

-- Levels 4 & 5(7-9)

Open Warmup 9:00 AM
Timed Warmup 9:30 AM

March In 10:45 AM
Awards 12:00 AM

Gymnasts: 63

Floor - 10

Roswell - 10

Pommel - 10

Roswell - 10

Rings - 11

Eagles - 1

GAA - 10

Vault - 10

World Xtreme - 10

P Bars - 11

Gym Gold - 3

Gym South - 3

Gymnastix - 5

H Bar - 11

Dosta Dogs - 3

GAA - 4

Haydens - 4

Sunday, March 02, 2008

Session: 2

-- Levels 5(10+) - 10

Open Warmup 1:00 PM
Timed Warmup

March In 1:35 AM
Awards 4:15 AM

Gymnasts: 44

Floor - 10

Roswell - 10

Pommel - 8

Roswell - 8

Rings - 5

Eagles - 5

Vault - 7

Dosta Dogs - 3

Haydens - 4

P Bars - 6

Gym South - 1

Gymnastix - 5

H Bar - 8

GAA - 8