

***What is X-Camp?***

A FUN summer program for SIX to ELEVEN YEAR OLDS incorporating gymnastics with a variety of enjoyable activities & themes.

***What do you mean, "themes"?***

There are FOUR different themed camps to give a variety to the summer activities. Themes include *Survivor Challenge* (the TV show), *Water Fun, So You Think You Can Dance?* (the TV show), and *Be an Olympian*. See the back of this FAQ sheet for more information on each theme.

***Does my child need any gymnastics experience to attend?***

No. There is no experience necessary to learn and enjoy our camp. Boys or girls of any ability level are welcome.

***How will athletes be grouped during camp?***

Campers will be divided by appropriate age groups and/or skill levels. Groups will be created at the discretion of the Instructor.

***What are the age requirements for camps?***

Campers must be rising 1<sup>st</sup> to rising 5<sup>th</sup> graders for the 2008-2009 school year.

***Who will teach this camp, what are their credentials?***

Gymnastix Training Center employees and friends.

***Can I come and watch camp?***

Parents are welcome to attend the Camp Finale (every Friday of each respective camp week), but *not recommended* throughout the week.

***What should my child wear & bring to camp?***

Campers must wear athletic attire such as shorts, t-shirts, or leotards. A sack lunch along with a snack and drink should be brought each day. Food and drinks will not be provided. A refrigerator and vending machines are available if needed.

***How long and How much?***

Each camp runs from 9:00am-3:00pm daily. The cost is \$150 per camper for the week with a daily option available at \$35 per day. No Annual Registration Fee Required for Camp! Discounts are available! See the office for details!

***If I have any questions about camps, who should I talk to?***

Contact **Laura Simler** at [laura@gymnastix.net](mailto:laura@gymnastix.net) or at Gymnastix Training Center at 678-546-6626.

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### **Survivor Challenge - June 2-6**

This camp is for the lovers of the hit reality TV show “Survivor”. Campers will compete in “Challenges” that will include gymnastics oriented activities and thinking games. Gymnastics time and arts and crafts are included in this exciting week. The finale on Friday will determine who is the Gymnastix “sole survivor” 2008.

### **Water Fun - June 16-20**

This camp gives your child the opportunity to get wet and have fun in the sun. Don’t forget your bathing suit! There will be water slides, water balloons, relay races, and slip & slide fun for the outside part of camp. Children will partake in gymnastics and arts and crafts for the indoors part of camp.

### **So You Think You Can Dance? - July 7-11**

Based on the hit TV show, though all of our campers are winners! Different varieties of dance will be taught. Judges will evaluate and critique the campers and present awards at the camp finale on Friday with the camp show. Special dance-themed arts and crafts and gymnastics time will accompany this camp.

### **Be an Olympian - July 21-25**

In honor of the 2008 Beijing Olympic Games, this camp will provide the campers an Olympic environment. Campers will compete in a variety of sports with Olympic medals being awarded to all campers during our closing ceremonies on the Friday of camp week! Don’t just dream of being an Olympian-do it!

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